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**Preface**  
**My painful Story.**  
**Maybe you can relate.**

**Why I Created This Strategy**

I didn't stumble into entrepreneurship by accident.

It was always there.

When I was in Standard II, my dad was redoing the switchboard at his office.

Inside the thick black telephone cables were small 1.5mm copper cables coated in the most exotic colours & not the standard opaque colours everyone else had.

Mine had dots and dashes and I had iridescent colours and see through colours where I could see the copper core, which gave the wire such an amazing look, feel & feature. I knew I struck gold! Most kids would've seen waste. I saw opportunity.

I started crafting them into necklaces, bangles, rings, earrings little bits of beauty from leftover wire.

At school, the girl students had a cake and candy store. I'd stand in line, watching money fly across the wooden trestle table. Something stirred inside me a mix of curiosity and envy. Mostly envy!

I went to the principal and made my first business pitch:

"If I make jewelry and sell it during break, I'll give the school 50% of my profits."

He said "yes".

And just like that, my first business was born.

**The Fire Was Lit Early**

I've always been entrepreneurial. I never wanted a boss.

Even in school, I dreamed of becoming a stockbroker, working in finance, living fast paced and free.

But life took a different turn.

I was expelled from school, got into drugs, never finished matric. I'm uneducated in the formal sense. I've got ADHD. I'm not great with numbers.

And yet

I built businesses. I made money. I lost it. I got back up. Again. And again.

Full Circle: Back to Jewelry

## Life Story: From Flea Markets to Forex

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### Army Days & The First Flea Market Hustle

After the army, I had a friend I met during service — Adrian Rosenberg. Once we returned to civilian life, we both got jobs. I landed at Stuttaford in Sandton, working in the Polo section selling clothing.

Nine months later, despite giving it my all, I realised: this wasn't the road to wealth. I quit.

At the time, I was dating a woman ten years my senior. She and her father owned a jewellery business supplying chain stores. She suggested I take some jewellery on consignment and sell it at flea markets. So I called Adrian: "Do you want in?" He resigned *that day* — and we were off.

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### Bruma, 2AM Wake-Ups & Disaster on the Road

We aimed for Bruma Flea Market — but found out it had no permanent stalls. You had to queue. At **2:00 AM**, in the dead of Joburg winter, we'd line up in our cars until 5:00 AM, waiting for a management guy to tape a list to a tree. Names down. Then home for a nap and shower — hoping to get called for a stall.

Before our first sale, we stayed up two nights straight building stands — boards on hinges, wire mesh, hooks. I didn't know elastic cords were a *terrible* idea to secure them. One flew off, butterflyed mid-traffic, and jewellery scattered everywhere. My first failure. It was revolting.

Despite the chaos, we pushed forward. But we sold very little — barely covering stall costs.

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### **Rocky Street, Yeoville Vibes & the Sound of Hustle**

A friend from the army, Sean Hack, opened his own market in Yeoville. Rocky Street was electric — hippie, edgy, alive. Sean needed tables and music — I said, “I’ve got both.” Instant win-win.

I borrowed money, bought 50 tables, borrowed my dad’s bakkie, bought a sound system. We offered jewellery, table rentals, sound — even tried selling cat flaps (true story).

Jewellery still flopped. But tables and music? That made money. Soon we were doing sound for **three flea markets**, including Hillfox & we did discos in the evening to make ends meet.

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### **The Day Larry Ozrin Walked Into Our Lives**

Larry Ozrin — hippie, long black hair, beads in hand — strolled into our Yeoville stall one day. He’d been watching us. Said he liked our energy and wanted to sell to us.

We weren’t sure what to expect. But when he opened his bag, we were stunned: chokers with Guns N’ Roses pendants, Red Hot Chili Peppers, Harley Davidson, dolphins, daisies — *everything* hot in ‘92/’93.

We bought R1,500 worth. It sold out in a week. We became his biggest client. His bead shop in Melville was a beautiful schmutz — dusty buckets hanging off chicken meshed walls. But the stock? Pure magic.

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## 👉 From Partners to Independence

While I was holidaying in Plettenberg Bay, Larry offered Adrian & I a partnership. Adrian only told me a week later. I said, “Are you mad? Seal the deal!”

We opened more stalls — then a Rocky Street store with Larry. But we clashed. A massive Edgar’s order came in (R80,000!). I warned Adrian: “If Larry fumbles this, I’m out.” He fumbled. We split. Larry kept Rocky Street. We kept Melville.

Later, Adrian and I parted ways too. I had two options: work for my brothers (hawker store suppliers), or my dad (mining equipment manufacturing). I chose my dad. A year later, he passed — leaving us R3.5 million in debt. The bank shut us down.

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## 💍 Back to Flea Markets & a R50 Million Empire

Flat broke, newly married, I went back to flea markets. Borrowed jewellery from Adrian. Hustled. Built up to 11 markets. Became Africa’s biggest supplier of costume jewellery components. Supplied **400+ retailers**, including Edgars, Jet, and Foshini.

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I was importing, exporting, manufacturing, wholesaling — and holding over **R22 million in stock**.

Business was booming. I had momentum, confidence, and market share.

But then I made a mistake.

I changed my buying strategy.

Instead of buying the way the Chinese wanted me to — large, consistent orders — I started cherry-picking whatever they had available in their shops. Small, broken ranges. Limited quantities. But it was fresh, it was unique, and South Africans loved it.

That December, I went on holiday with my family to **Plettenberg Bay**.

Beachfront bliss.

Except... something was off.

I couldn't shake this **niggling, growing anxiety**. A heaviness in my gut.

It followed me around like a shadow.

Every crashing wave whispered the same fear:

***“What if they don't come back? What if the customers disappear?”***

I didn't understand it at the time.

But years later, through **WorldVentures** and **self-development**, I started following teachers like **Joe Dispenza**. That's when I realised...

**I created the collapse.**

With my thoughts. With my fear.

With that internal dialogue playing over and over again.

I came back from holiday, and the unthinkable happened.

The **Chinese had moved in**.

They were selling directly to the public.

Cheaper? Not really. But they *looked* cheaper. And in retail, **perception is everything**.

The next month, my turnover dropped **50%**.

Then another **50%**.

Then another.

Within **six months**, I lost a **R20 million business**.

Just like that.

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## **From Despair to Digital**

Down and out, head in hands, an email popped up: *“Make Money Online.”* That rabbit hole began. Affiliate marketing, AdWords, SEO, Commission Junction — I tried it all.

Then: Forex.

I cashed in policies to survive. My monthly expenses were R300k. Got into oil — shorted it at \$70. Hurricanes hit Florida. Price shot to \$134. I blew a R256,000 account. Done.

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## **The Ponzi Pitfalls & The Rise of the Robots**

Telecom ventures. Data. Blue Label. Corporate email marketing. All of them crashed. Network marketing — World Ventures, OneCoin, IML — some grew, some scammed, some collapsed.

But it led me here.

I learned to trade properly. Woke up at 1am. Studied 4H and 15M charts. Traded gold, EJ, GJ. My mentor withheld secrets for profit. I vowed never to be that guy.



I tried bots. Most were scams. Templates missing. Strategies flawed. Industry filled with fakes, scammers & scum bags.

But I pushed through the chaos. Developed my **own strategy**. Built it from failures. From scars.

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## 🧠 **Apophenia, Charts & The 8 EMA**

They say if you stare long enough at a chart, you'll see anything. Psychologists call it *apophenia* — seeing patterns that aren't there.

I don't trade that way. I trade real structure. Candlesticks. 8 EMA. Institutional blocks. I found the edge — and it wasn't in YouTube gurus, Bollinger Bands or RSI crossovers. It was in understanding the *why*, not just the *what*.

Today, I help others trade. To stop bleeding money into scammy robots or “mentors” who won't empower them.

I show them how to **read the chart**, trust their setups, and use automation to support their lifestyle — not ruin it.

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### **Here's a memory I'll never forget**

I took my twins just 4 or 5 years old to Sandton, one of the wealthiest shopping centres in Johannesburg.

I wanted to do something special for them. Something normal. Something that felt like life was still okay.

I bought movie tickets, popcorn, and a couple of Cokes.

But just as the film was about to start, load shedding hit.

The entire cinema went dark.

There we sat in silence, in the dark.

And all I could think was:

Is this really what my life has come to?

We left the cinema and went to the food court.

I had just enough money left for one shawarma wrap.

I bought it.

Split it into three.

And sat there sharing it with my kids.

They were happy. Smiling. Innocent.

But I was dying inside.

Tears started streaming down my face.

My kids looked at me and asked,

Dad, what s wrong?

And I smiled and said,

I m just happy to be here with you.

### **But inside**

I felt like a failure.

A provider with nothing left to give.

A father who couldn t give his children a full meal or even a full movie.

That moment that shawarma broke me.

That was rock bottom.

No car. No house. No family.

No money. No degree. No backup plan.

Just a man with kids, memories, and a will to keep fighting.

That s when I found Forex.

Not the Instagram-hype version.

The real market. With structure, rhythm, and rules.

I didn t need to be good at maths.

I didn t need a degree.

I just needed to learn how to read a chart and how to manage myself.

That s what I built: A real strategy, for real people.

### **I created a system around:**

- ◆ Hedging instead of stop-loss trauma.
- ◆ Dollar-cost averaging used by institutions.
- ◆ A deep focus on psychology and rule.

### **And I live by three types of rules:**

- ◆ Money Rules (lot size, wallet control).
- ◆ Trading Rules (when to trade and when not to).
- ◆ Psychology Rules (if my intuition feels off I don't trade).

You don't need to be a genius to make money in Forex.

You just need to follow the right rules, with the right mindset, on the right setup.

**Today, I live at the coast in Plettenberg Bay.**

I trade a few hours a week.

I don't watch charts all day.

And I spend my time teaching real people how to stop gambling and start trading.

This strategy isn't just about pips and profit.

It's about reclaiming your power, getting control of your time, and building a legacy even if you've lost everything before.

I created this strategy so I could eat and feed my kids. I learned a valuable lesson in my mlm days. WorldVentures was huge in Asia, Japan & China. The Japanese have a saying, and it goes like this. "If you know a better way of doing something & you don't share it with me, can I call you a friend?" They say, "the gift is in the giving!" and this is why I offer my strategy. I give it for free because there are so many scammers & scumbags out there showing strategies to people that fail, where people lose money, lose their dignity, lose everything. Now you have a real shot at making money.

This is Not hype.

Don't expect to be an overnight success.

You now have a shot at freedom.

This changed everything for me.

It can change everything for you.

## Chapter 1.

### **The Real Reason You're Losing Money in Forex**

**The truth hurts like a band-aid being pulled off.**

Let's be honest:

You're not trading.

You're gambling.

I say that with love, but I need to wake you up before you burn through your next \$100 deposit.

#### **See if this sounds familiar**

You open your MT4 app. You see a bit of blue. You panic. You close the trade too early.

Or worse you're in the red, and instead of waiting for structure or reversal, you stare at the numbers like a casino slot machine, hoping this one spins in your favor.

That's not trading. That's emotional roulette.

And you know it. You feel the adrenaline. The FOMO. The dread.

Chris Voss calls this tactical empathy: you've been trading your emotions, not your plan.

Why? Because you were never taught the right way to read a chart.

You were taught to react, not interpret. You've been sold stop losses, indicators, and YouTube hacks but never a real system.

#### **Truth Bomb:**

Price doesn't care about your feelings.

But the chart? The chart tells you everything if you know how to read it.

That's where I come in. I've helped tens of thousands of traders like you to shift from panic-mode to strategy-mode.

#### **Here's What My Students Realized:**

- ◆ Watching your PnL screen does not grow your account. It breeds FOMO.

- ◆ Mastering a single setup (like the 8 EMA) can completely flip your results.

◆ The market isn't random it's structured. But you've been taught to trade noise.

If you feel like you're running out of second chances, this is your wake-up call.

You don't need another course.

You need a strategy you can trust.

## **CHAPTER 2.**

### **Why Most Traders Fail (And Why It's Not Your Fault)**

**Introduces the casino mindset vs. professional strategy.**

**Let's start with a truth most gurus won't tell you:**

If you're losing in Forex right now, it's not because you're stupid, lazy, or unlucky. You were set up to fail.

From the moment you entered this game, you were handed a broken system. You were taught to stare at indicators, chase profits, follow signals, and cross your fingers. They sold you the dream but never taught you the discipline. And worst of all, they never told you the truth:

Most retail traders don't trade. They gamble.

The Casino Mindset

You wake up, open MT4, and what's the first thing you do?

You check the balance. You check the PnL. You see red, you panic. You see blue, you close too early.

That's not trading.

That's emotional roulette.

You're placing trades without a structured setup. You're entering on FOMO, exiting on fear. You're over-leveraging, chasing revenge trades, and hoping something sticks. And it's not your fault because no one ever gave you a framework.

**The entire industry is built to make you think:**

- ◆ More trades = more money
- ◆ More indicators = more certainty
- ◆ More leverage = more power.

**And it's all wrong.**

The market is designed to exploit emotion.

To punish greed.

To reward patience.

And most traders never learn to tell the difference.

You Were Trained to React, Not Think!

The YouTube videos, the flashy Telegram groups, the fake Instagram wins they all teach you how to react. But no one teaches you how to think like a trader.

### **So, what happens?**

You follow tips.

You copy trades.

You try a new strategy every week.

And each time you lose, you blame yourself.

You feel stupid. Ashamed. Angry.

### **But the truth is:**

You're not failing. You're just playing someone else's game.

I've been there.

I've blown accounts. I've screamed at screens. I've taken trades I knew I shouldn't just because I wanted to win back what I lost.

That's not trading. That's trauma.

### **The 2:1 Risk-Reward Lie**

Most traders are told to trade using a 2:1 risk-reward ratio. Sounds smart, right?

But here's what they don't tell you:

If you enter a trade with a 30-pip stop-loss and a 15-pip, take-profit, you need two winning trades just to break even after one loss.

Think about that.

If you're right once and wrong once, you're still in the red.

Only on the third win do you finally see profit.

This isn't smart trading. It's gambling dressed up as logic.

Why would you exit a trade just because you hit 15 pips, when the chart is clearly showing a bullish or bearish move that's still in play?

If the market is moving in your favor, and the structure says the trend is strong why would you cut yourself short?

Because you've been taught to chase numbers, not read charts.

Risk-reward is a tool not a religion. And blindly following 2:1 ratio without understanding market direction is like driving with your eyes closed because your GPS told you where to go.

A trader who understands structure doesn't trade based on arbitrary ratios.

They trade based on what the market is telling them.

The Real Reason Traders Lose Money...

It's not because they lack intelligence.

It's because they lack structure.

The most dangerous thing in trading is not the market.

It's you without a system.

When you have no rules, no setup, no clarity, you make decisions based on feeling and that's where 90% of traders lose their money

But when you have a simple, proven, repeatable method suddenly everything changes.

**You stop:**

- ◆ Chasing random signals.
- ◆ Overtrading.
- ◆ Risking your rent money.

**And you start:**

- ◆ Reading structure.
- ◆ Planning trades.
- ◆ Controlling risk.

That's when you become a real trader.

**What Professional Traders Do Differently!**

Institutional traders don't stare at profit screens all day.

They focus on setups.

They understand price action.

They don't marry trades. They manage them.

They follow rules.

They master patience.

They know their edge and they don't deviate.



That's what I teach.

That's what the 8 EMA strategy gives you.

You don't need to predict the market.

You just need to understand how it moves and have a system that works within that structure.

**Final Thought:** This Isn't About Blame. It's About Power.

If you've been blaming yourself for every failed trade. I want you to let that go.

You were never taught how to trade.

You were taught how to click buttons and hope.

But now, you have a chance to shift.

This chapter isn't about excuses.

It's about taking your power back.

You don't need more luck.

You don't need another guru.

**You need:**

- ◆ A system that works.
- ◆ A mentor who's walked the fire.
- ◆ A community that holds you accountable

You've just found all three.

Welcome to the other side.

### Chapter 3:

## **What Schools Never Taught You About Money, Markets & Mindset**

**You were never taught to trade, just to work.**

**Here, we introduce the idea that the financial system is rigged to benefit institutions and how retail traders can flip the script.**

In school, we were taught algebra, geometry, Shakespeare, and how to memorise facts for exams. But we were never taught how to read a chart, understand financial systems, or even manage our own money

- ◆ We were taught how to become employees.
- ◆ How to clock in, follow rules, and obey authority.
- ◆ Not how to think.
- ◆ Not how to build.
- ◆ Not how to become free.
- ◆ The Game is Rigged

In his book “Fake”, Robert Kiyosaki breaks down a **brutal truth**:

Fake money, fake teachers, fake assets.

He exposes the illusion that most people are trapped in a system designed to keep you working, borrowing, spending, and staying dependent.

The government prints money (fiat) with no real backing.

Banks lend money they don't have.

And the education system prepares you to become a cog in the machine.

You are trained to be obedient.

- ◆ To get a job.
- ◆ To earn money.
- ◆ To save it.
- ◆ To invest in mutual funds.
- ◆ To retire someday.

Meanwhile, the institutions are using that same system to get rich off your labour and your ignorance.

**You Were Never Meant to Win**

Ask yourself:

- ◆ Why weren't you taught about compound interest?

◆ Why didn't anyone explain the difference between assets and liabilities?

◆ Why don't schools teach how to invest, how to read markets, or how to protect wealth?

**Simple.** Because they can't let everyone win.

The system only works when most people lose.

Most people trade time for money.

They earn, they spend, they save what little is left.

They work 40 years hoping to retire with dignity on a system built on inflation and debt.

That's not freedom.

That's modern-day slavery with better branding.

Why Forex is the Exit Door?

Unlike stocks, real estate, or gold Forex doesn't care who you are.

It doesn't care about your degree, your background, or your bank balance.

It only cares if you understand:

◆ Structure.

◆ Momentum.

◆ Timing.

◆ Psychology.

Forex is one of the few arenas where a retail trader can outplay institutions.

Not by being bigger.

But by being faster, sharper, and smarter.

If you can read a chart, manage your wallet, and follow rules you can build real income.

But first, you must unlearn the lies.

## **The Three Lies You Were Taught**

### **1. Work hard and you'll be successful.**

Hard work is important. But without the right vehicle, you just burn energy. A garbage man works hard but is not rich.

Millions of people work hard their entire lives and stay broke.

Trading teaches you how to make money without trading time. That's leverage.

## **2. Get a good job and you'll be safe.**

There is no such thing as job security anymore.

COVID proved it. AI is proving it. The only real safety is learning a skill that no one can take away.

## **3. Save money, and you'll retire comfortably.**

In a system where inflation eats your savings daily?

Where interest rates are lower than food prices?

The game is set against savers. The winners are those who multiply capital, not hoard it.

## **Flipping the Script**

You don't need to be a victim of the system.

You just need to learn the rules of the new game.

That means:

- ◆ Studying price action, not textbooks.
- ◆ Building assets, not hoarding liabilities.
- ◆ Mastering emotional control, not just technical entries.

That's what the 8 EMA strategy represents.

It's a simple, rule-based way to step out of the matrix.

It's designed for people like you and me:

- ◆ No degree? No problem.
- ◆ Bad at math? Doesn't matter.
- ◆ Burned before? Welcome home.

You don't need to be perfect. You just need to be awake.

This chapter isn't about anger.

It's about awareness.

Because once you see the system for what it is, you stop trying to win the old game and start mastering your own.

## **Final Word**

Robert Kiyosaki said:

The rich don't work for money. They make money work for them.

That starts with unlearning the lies.

And replacing them with skills.

You weren't meant to just survive.

You were meant to trade, invest, grow, and become free.

Let's keep going.

## 💡 Chapter 4.

### **The Game Changer: What is the 8 EMA Strategy?**

Introduce the actual core concept clean, simple, visual.

Not theory-heavy.

A relatable overview of the strategy that works even if you're bad at math.

**Let's be honest.**

Most people approach Forex like it's a slot machine.

They pull the lever, cross their fingers, and hope their trade hits the jackpot.

But real traders don't gamble.

They follow structure.

They follow flow.

And most importantly they follow rules

That's where the 8 EMA Strategy comes in.

It's the heartbeat of everything I teach.

It's not for guessers.

It's for thinkers.

It's for people who are tired of trading blind and finally want a system that gives them clarity, confidence, and control.

### **What Makes This Strategy Different?**

This isn't your typical strategy where you get in on a bounce or set a pip target and walk away.

Nope.

This is the evolved version.

It's built on real-world price action, real trader psychology, and a touch of institutional insight using COT data.

It's surgical.

It's elegant.

And it's surprisingly simple once you get the rhythm.

### **The Core Entry Rule: The Second Candle Confirmation**

**Here's the deal:**

We don't enter just because price touches the 8 EMA.

We don't jump in on a whim.

We only enter a buy trade when the SECOND candle opens above the 8 EMA (for buys) or below (for sells).

**Why?**

Because the first candle could be a fluke a fake out a trap, or just a moment of market indecision.

But the second candle?

That's commitment. That's follow-through. That's our signal.

This small filter wipes out most of the noise and increases the probability of catching directional moves, not random spikes.

Example: A Clean Buy Setup

You're on the 4-hour chart.

Price is rising.

The 8 EMA is sloping upward.

You spot a pullback, maybe a doji.

First candle kisses the 8 EMA.

You wait.

Second candle opens ABOVE the 8 EMA.

Boom.

You place a buy trade.

You're now riding momentum. You're aligned with structure. You're in sync with the market.

When Do You Close a Trade?

Here comes the elegant part:

You close the buy trade when the SECOND candle opens below the 8 EMA.

OR

You see a Doji. (signaling exhaustion or reversal).

This keeps you in trades longer.

It respects the trend.

It lets you ride the wave instead of bailing at 30 pips like a nervous tourist.

But What If It Goes Against You?

Let's say you enter a buy trade.

Then boom some news hits, or price just flips. Suddenly the second candle opens below the 8 EMA.

Do you panic?

Do you close the trade?

No.

You let the buy trade run into negative.

You either:

Place hedge trades... You enter a sell position (same lot size as your buy trade) when the second candle opens below the 8 EMA. Same lot size... Don't revenge trade!!!

Start DCA (Dollar Cost Averaging). You add strategic buys on the way down at major order blocks.

### **How Hedging Works in This Strategy**

You're now holding a buy trade (that's red) and a new hedge sell trade.

When the price eventually climbs again and the second candle opens above the 8 EMA:

You close the hedge (the sell) in profit! YAY!!!

You open a new buy trade (buy). At this stage 1 or 2 of your buy trades could be in profit. Maybe the buy trades are in more profit than the 1<sup>st</sup> buy trade in your DCA sequence. You could close all the buy trades and re-setup. But wait until there is a reversal before you do that.

Now you're net long with potentially TWO blue trades stacking profits.

If the market turns again and the new second candle opens below the 8 EMA:

You close the buy (if it's blue).

You open a new sell hedge. Same lot sizes as all your buy trades together. If you have 3 buy trades open and each buy trade is a 1 lot, it means you are holding 3 X 1 lots = 3 lots. You open a 3 lot sell trade to remain 100% hedge.

◆ No more pressure



- ◆ No more stress.
- ◆ No more Hemorrhaging money.
- ◆ No more blowing of accounts!

This cycle repeats, allowing you to stay in the flow without panic.

And here's the best part:

You're never guessing.

You're always trading based on what the market shows you, not what you hope for.

### **Why I Don't Like Shorting Gold (And You Shouldn't Either)**

Gold is a storage of value. So, the caveat is not to trade against the institutions especially on XAUUSD. You will lose!

It isn't just another instrument to scalp. This is an instrument to get wealthy off because we know it's a storage of value.

The COT (Commitment of Traders) data right now June 2025, shows institutions are still net long on gold. That means you don't want to be selling when the big boys are buying.

You need to know what the whales are doing before you drop your anchor.

So, if I'm going to trade gold, I want to be aligned with the institutions. If they're buying, I'm buying. Period.

### **What This Strategy Combines:**

- ◆ 8EMA structure (for trend and timing).
- ◆ Second candle entry and exit confirmation (for discipline and precision).
- ◆ Candlestick reversal patterns (for added confidence).
- ◆ COT data (to align with the institutions).
- ◆ DCA + Hedge layering (to survive and thrive through volatility).

This isn't just a strategy.

It's a philosophy.

It's a way of thinking and reacting that gives you control, even when the market tries to rattle you.

**In Closing:** This Is the Traders' Edge

This strategy may sound complex at first, but once you see it in action, it becomes second nature.

It's not about sniping 15 pips and running.

It's about:

- ◆ Reading momentum.
- ◆ Riding waves.
- ◆ Managing risk.
- ◆ Staying in alignment with institutional flow.

It's about trading with clarity.

With confidence.

With control.

And once you taste that...You'll never trade blind again.

In the next chapter, we'll cover exactly what tools you need to make this strategy seamless and what to avoid like the plague.

You're ready.

Let's keep going.

## Chapter 5.

### **Tools of the Trade:**

#### **What You Need & What to Ignore**

#### **From MetaTrader 4 to the 8 EMA Reversal Indicator, cent accounts, VPS, proper chart settings.**

This chapter helps eliminate overwhelm.

A Clean, minimalistic approach. .

Let's face it: the trading world is a noisy place.

Everyone's trying to sell you something:

- ◆ A new indicator.
- ◆ A fancy software.
- ◆ A paid signal group.
- ◆ Or a platform that promises the holy grail.

#### **But here's the truth:**

##### **Most of it is noise.**

In this chapter, we're going to eliminate the fluff.

You'll learn what you really, to trade the 8 EMA Strategy with confidence and what you can toss in file 13.

And if you've ever felt overwhelmed by tech, indicators, or platform choices relax, breathe. We're keeping this clean, minimalistic, and even a bit fun.

#### **The Platform: Why We Use MetaTrader 4**

MetaTrader 4 (MT4) is the Nokia 3310 of trading platforms.

Not flashy. Not modern.

But tough, reliable, and almost impossible to kill.

And here's the kicker:

##### **Almost every serious Forex robot, EA, and indicator is built for MT4.**

It's the global standard.

Even as MT5 tries to take over, MT4 remains the go-to for anyone running automation, manual strategies, or legacy systems.

With MT4, you can:

- ◆ Run custom Expert Advisors (EAs).

- ◆ Use tailored indicators (like the 8 EMA Reversal Indicator).
- ◆ Trade from your phone, laptop, or VPS.

It just works.

And when your edge is based on split-second confirmations (like the second candle opening above/below the 8 EMA), **you need something fast, stable, and trustworthy.**

### **The Broker Setup: Why We Use FBS and Their Cent Account Advantage**

Let's be real: **brokers are not your friends.**

They're businesses.

They survive by **catching you out**, capitalizing on your mistakes, charging fees, and profiting from your missteps.

Now, most brokers **advertise "Cent Accounts" or "Micro Accounts,"** but behind the curtain, it's usually smoke and mirrors. In these setups, when price moves by one pip, your account is affected by 10 cents or even \\$.

That's not cent trading. That's cent-flavored marketing. We need a forex account that doesn't just make sense but makes you \$\$\$\$.

But with **FBS.com** the largest broker in the world with over 20 million traders globally we've secured something very few can offer: This cent account is not open to the public, it's an exclusive deal.

#### **A genuine Cent Account where 1 pip = 1 cent.**

This is huge. Why?

- ◆ You reduce your risk dramatically.
- ◆ You gain more breathing room on trades.
- ◆ You can trade with proper lot sizes and survive drawdowns.
- ◆ You're able to apply our EA and strategy with less pressure and more

flexibility.

This isn't something available to the public.

It's part of our **custom ambassador deal with FBS**, and it's only accessible through our structure. If you want it here is the link to Our Broker

<http://tiny.cc/cent-accounts>

To access this setup:

1. Open a Cent account with FBS via our referral structure.
2. Send us your FBS account number.
3. We'll help you activate the Cent structure AND... wait for it...
4. **Remove your swap fees.**

### **Swap Fees: The Silent Killer (And How We Kill Them First)**

Swap fees, aka overnight interest, are sneaky little fees charged by your broker when you hold a trade past 10 PM GMT.

They don't tell you about them upfront. It's all in their hidden TC's, their hidden agenda.

These sneaky fees eat away at your capital like termites on a wooden floor.

Let's break it down:

#### **Example 1: Gold (XAU/USD)**

Long trade? You might pay a high swap.

Short trade? Could be worse.

#### **Example 2: EUR/USD**

Long EUR/USD: you're buying euros, borrowing dollars.

Depending on the interest rate differential, you either **pay** or **receive** a fee.

(Hint: you usually pay.)

### **Now here's where it gets spicy:**

To have swap fees removed at most brokers, you must **prove you're studying Sharia Law.**

Yes, really.

You need a letter from your **imam** confirming you are a committed Muslim scholar.

So unless you're prepping for a PhD in Islamic finance...

**You're stuck with swap fees. Unless you're with us.**

Because I'm an **FBS Ambassador**, I've been granted the privilege to offer my clients **swap-free accounts.**

No religion. No paperwork. No lectures from your local imam.

Just send us your FBS account number after signup, and we'll do the rest.



## Choose Your Broker Like You Choose a Business Partner

Let's talk about brokers.

Not all brokers are created equal. In fact, some play a very different game than you think.

You see, **some brokers operate as market makers**. What does that mean?

Well, instead of sending your trades directly to the open market, **they keep them in-house**.

When you buy, they sell. When you sell, they buy.

That's right — you're not trading the market; **you're trading the broker**.

And guess what?

If you lose your trade... they win.

Think of it like a fancy casino: your money *never* leaves the building.

Even worse? Some brokers offer affiliate programs that **reward referrers up to 50% of your losses**.

So if you lose \$100,000, your "affiliate" — the person who referred you — could make \$50,000 off your pain.

Sound sketchy? That's because it is.

It creates a toxic cycle where people are incentivised to *get you trading fast* — whether or not you're ready — because the more you lose, the more they win.

Then there's the good old bag of tricks:

◆ **Stop loss hunting** — suddenly the price spikes just enough to knock you out of the trade before reversing

◆ **Spread widening** — the difference between buy and sell magically expands just when your trade is on the edge

◆ **Lag and slippage** — your trade enters or exits *after* the price has moved

Bottom line? **You need to know who you're partnering with.**

This is why **I use FBS.**

FBS is an **A Book broker** — and here's what that means:

Your money doesn't sit with them.

When you place a trade, your funds go **straight to a liquidity provider** — that's the institutional-level player who actually fills your trade on the real market.

FBS simply acts as the **conduit** — connecting retail traders like you to the real deal. No funny business. No trades against you. No conflicts of interest.

It's like hiring a driver that *takes you to your destination* instead of driving you in circles for tips.

And as a bonus?

We've also secured VPS hosting in the **same data centers as FBS** — so your trades execute with blistering speed.



Moral of the story:

Before you trust a broker with your money, **do your homework.**

Because it's not just about the platform — it's about **who's really on the other side of your trade**.

### 🧠 Did You Know? The Secret Behind Lightning-Fast Trades

Let me tell you a little secret the brokers don't want you to know...

When you place a trade on your phone in **South Africa**, it can take **up to 500 milliseconds** (that's half a second!) to reach the broker. Half a second might not sound like much — unless you're in the middle of a fast-moving market and every pip counts.

That delay is called **slippage**. And it's costing you.

Now picture this:

You're placing a trade, and by the time it hits the broker's server (usually somewhere in Europe or Asia), the price has already **moved**. The profit you thought you'd locked in? Gone.

You just got front-run by the invisible enemy called **latency**.

### 💡 Here's where it gets interesting...

We've secured a **private deal** with FBS — our servers are hosted in the *exact same data centers* as the broker. That means your trade doesn't have to cross continents anymore. It just walks next door.

### 👉 Latency? Just 8 milliseconds.

That's **over 60x faster** than your phone.

(Okay okay, earlier I said 500x faster. But hey, I trade charts, not run NASA. Let's call it Forex Math™ 😊)



## So what does that mean for you?

- ◆ Faster execution
- ◆ Less slippage
- ◆ More profits locked in
- ◆ And fewer trades slipping through your fingers like soap in a prison shower

If you're running an EA (robot), **speed matters**. One delayed entry and you're on the wrong side of the trend. One missed exit and you've just handed your win back to the house.

This is why **every serious trader** need a VPS that's wired for war.

So if you want a VPS that runs at **8ms speed**, hosted in the same server block as your broker, here's the link to get started:

👉 **[INSERT VPS LINK HERE]**

Your trades deserve better than African WiFi and hopes.

Go pro. Get on a server that moves at the speed of money.

### **The Mindset: Clean Charts, Clear Thinking**

You don't need a Jackson Pollock painting on your screen.

You don't need moving average spaghetti, Fibonacci confetti, or RSI yoga mats.

You just need:

- ◆ Candlesticks.
- ◆ An 8 EMA line.
- ◆ Structure awareness.

When you simplify, you amplify.

Clean charts = clear minds = better trades.

### **The Indicator: The 8 EMA Reversal Indicator**

We use a custom indicator not because we need a babysitter but because it keeps our eyes sharp.

#### **The 8 EMA Reversal Indicator:**

- ◆ Highlights candles that tap the 8 EMA.
- ◆ Shows second-candle confirmations.
- ◆ It lets you react faster with more confidence.
- ◆ Teaches you candle stick reversal patterns.
- ◆ Indicates divergence, sentiment order-blocks, fair-value gaps and much, much, more.

At first, it might feel like cheating. It's your forex cheat sheet.

Like you're peeking at tomorrow's price action today.

Because once you understand candlestick analysis, the 8 EMA, and COT data, it almost **feels** like looking into a crystal ball.

You start seeing patterns emerge before others even notice. Patterns that make sense, and \$\$\$.

You begin predicting where price will stall, freeze, consolidate, or reverse.

It's not fortune-telling. It's high-probability anticipation built on structure, logic, and rules.

Use the indicator to **sharpen your edge** not to replace your discipline. This strategy has a 85 – 95% accuracy and works on all time frames and on any instrument. It's what I call the holy grail of trading.

Let it guide your instincts not override your intelligence.

Because once you sync with the rhythm of the chart, trading stops feeling like gambling and starts looking like chess.

### **The Engine Room: VPS (Virtual Private Server)**

If you trading or running an EA (robot), then, you need a 24/5/7, **VPS**.

Think of it like a trading butler who never sleeps.

With a VPS:

- ◆ Your MT4 stays open all week.
- ◆ No disconnections.
- ◆ Trades get executed instantly
- ◆ No missed entries during family braais or load shedding.

Important: **Only run ONE MT4 terminal per VPS.**

Otherwise, you risk double trades, crashes, or bizarre errors.

(We have a full video on this. Seriously. Watch it.)

### **What to Ignore Forever**

Here's your Trader Bullshit Detector:

- ◆ Signal groups that shout, "Buy now!"
- ◆ Martingale systems that double down on losses.
- ◆ Indicators that blink like a Christmas tree.
- ◆ Magic dashboards with win rate guarantees.
- ◆ Systems that don't teach you to think.

If it sounds too good to be true, it is.

If it doesn't require you to grow, it won't help you win.

We sharpen our tools and our minds.

### **Final Checklist: What You Need**

Here s your no-fluff, all-function toolkit:

- ◆ MetaTrader 4 (on PC + mobile)
- ◆ A clean chart with the 8 EMA
- ◆ The 8 EMA Reversal Indicator
- ◆ FBS Cent account (1 pip = 1 cent)
- ◆ Swap-free account (unlocked through us)

- ◆ VPS (if running EAs or trading while away)
- ◆ 4H chart awareness and trade structure clarity

### **Everything else?**

Just marketing noise.

You don't need to be a coder.

You don't need a Wall Street setup.

You need tools that work and rules that stick.

In the next chapter, we go deep into the space **between your ears**.

Because if your mindset wobbles, your trading will too.

Ready?

Let's get inside the trader's mind.

## Chapter 6.

### **Entry Rules, Exit Rules & The Candlestick Code**

**Deep dive into the meat of the strategy:**

**Second candle rules**

**Doji rules**

**The truth about the 200 MA**

**Examples of hedge, DCA, and trend following**

This chapter is where everything comes together.

It's where you go from "I kinda get it..." to "I know exactly when to enter, exit, hedge, or wait."

Think of it as your strategy's backbone the core rules that help you:

- ◆ Stay out of no-trade zones
- ◆ Spot high-probability setups
- ◆ Know when to take profit, hedge, or hold

We'll keep it practical, visual, and razor-sharp. Because rules without reasons are just dogma. Here, we give you the logic & the structure.

### **The Second Candle Rule**

This is the trigger. The ignition. The green light.

**You only enter a trade when the SECOND candle opens above or below the 8 EMA.**

Why the second candle?

Because it's your confirmation candle. It proves price is serious, not just flirting with your moving average.

**Here's how it works:**

◆ If price is above the 200 MA and the **\*\*second candle opens ABOVE the 8 EMA\*\***: place a **\*\*buy\*\*** trade (a "bar trade").

◆ If price is below the 200 MA and the **\*\*second candle opens BELOW the 8 EMA\*\***: place a **\*\*sell\*\*** trade.

It's AS simple as that. And powerful.

This one rule alone keeps you out of 80% of fakeouts.

### **The 200 MA Rule: The No-Trade Zone**

The 200 Moving Average is not your entry signal.

It's your compass.

**The 200 MA tells you if you're even allowed to be in the market.**

You do NOT trade directly on or near it.

It's where price likes to play games, fake people out, consolidate, and cause confusion.

So, what do we do?

**We wait for price to break OUT of the 200 MA by at least 80 pips.**

That's your safe zone.

That's when it's worth looking for real setups.

Trading inside the 200 MA range is like surfing in a swimming pool.

Break out first then ride the wave.

### **The Fractal Filter**

Enter: Bill William's fractals.

Not everyone uses them, but we do.

And here's why:

**Fractals help confirm breakouts from consolidating channels.**

Let's say you have

- ◆ A buy trade and a sell trade open (a hedge)
- ◆ Price is moving sideways in a tight range

To get your next high-probability entry, you wait for price to go **one pip above the last bullish fractal** on the left.

That's when you act.

It gives you structure. Not noise.

Fractals = filters.

They reduce the false signals and amplify precision. Especially in a sideways channel. When the price breaks out of the channel above the Fractal... STRIKE!!

### **The Doji Rule (Especially on Bullish Trends)**

Ah, the doji.

The indecisive candlestick.

It's like a pause button on momentum, a moment where bulls and bears call a truce.

**When you see a doji in a bullish trend: close your BUY trades.**

Why?

Because price is slow going up, and fast coming down.

You want to lock in your blue (profit) before the market dumps it back to the house.

You worked hard for that profit.

Don't gift it back.

But if you're in a SELL trade and see a doji?

Do nothing... Wait.

The fall could be just beginning.

### **What If Price Reverses Against Me?**

Let's say you placed a buy trade after a second candle confirmation, but price goes the other way.

## Here's the plan:

1. If the **second candle opens BELOW the 8 EMA**, you do NOT close your buy.
2. Instead, you open a **sell trade** at the same lot size (this is your hedge).

Then:

- ◆ Wait for the second candle to open ABOVE the 8 EMA again.
- ◆ Place a new buy trade.
- ◆ If price goes above your first entry, both buys are in blue. Bonus.

If price doesn't reach your first trade, but the second buy is in blue:

- ◆ Close the second buy.
- ◆ Open another short if the candle opens below the 8 EMA again.

You're surfing the swings, staying hedged, and keeping yourself in the game while price decides.

## DCA: Dollar Cost Averaging with Order Blocks

Sometimes instead of hedging, you may choose to DCA

This means:

- ◆ Opening new buy positions at strategic lower levels.
- ◆ These levels are based on **Order blocks** and previous price structure.

You are averaging down, but with logic.

Not randomly.

When price turns back up, you close each trade as it enters profit, recovering losses, and often finishing ahead.

This is NOT blind martingale. **That's revenge trading.** This is grid trading with structure and purpose

It's structured DCA inside a high-probability strategy.



## Summary: Your Entry & Exit Cheat Sheet

### Entry:

- ◆ Second candle confirms above/below 8 EMA.
- ◆ 80 pips away from 200 MA.
- ◆ Fractal breakout confirmation.

### Exit:

- ◆ Doji on a bullish move = close buys.
- ◆ Second candle flips = hedge or DCA.

### No-Trade Zones:

- ◆ Within 80 pips of 200 MA.
- ◆ Inside consolidation without fractal breakout.

### Extra Tools:

- ◆ Bull Williams Fractals = confirmation tool.
- ◆ 200 MA = trend filter and stay-away zone.

Trade with structure. Not emotion.

Watch the chart. Not your wallet.

Trust the rules. Respect the reversals.

Now you're no longer just trading. You're **mastering the code**.

## Chapter 7

### Mastering the Hedge: How to Trade Without Panic

Let's get something straight:

**The game is not fair.**

The rules? Written by institutions. For institutions.

And retail traders like us? We're just extras in their casino.

#### **The Hedge Secret They Don't Want You to Know**

In America, hedging is illegal for retail traders.

Let that sink in.

You're not allowed to protect your trade.

You're not allowed to play defense.

Only big institutions are allowed to hedge. Why? Because it's powerful. Because it protects capital. Because it gives you **peace of mind**.

But thanks to the tools we've built and a bit of clever workaround you can hedge even if your broker says you can't.

We use a platform called **FXBlue**. It has a tool that lets you mimic a hedge using **correlation-based trading**. And it works like a charm.

#### **But First: What Is Hedging?**

Hedging is the **art of locking in your drawdown**.

Imagine your buy trade goes against you. You're bleeding. Your stomach turns.

Your heart is pounding.

Now imagine placing a trade in the opposite direction either on the same pair or a non-correlated pair that neutralizes the loss.

Suddenly, your account stops bleeding.

You breathe.

You feel calm again.

You've just been **hedged**.

It's like pulling the handbrake on a runaway car.

Now you can think clearly and plan your next move.

### **How It Works: A Real Example**

Let's say you're trading **XAU/USD (Gold)** and you opened a 1 lot **buy** position.

Price reverses. It goes against you.

You don't panic

You pull out the **FXBlue Correlation Tool**.

You find that **USD/CAD** has an **86% negative correlation** to XAU/USD.

That's good. Anything with a negative correlation above 80% is usable.

To hedge your 1 lot Gold trade, you open a **1.14-lot sell** on USD/CAD.

Boom. You're hedged.

The math?  $1 / 0.86 = 1.14$ .

Your floating loss on Gold is balanced by your floating gain on USD/CAD.

Now, your equity holds. You don't need to close your losing trade. You wait. You breathe. You strategize.

This is **hedging at its best**.

Sure! Here's a cleaner, more professional—and still clear—rewording of your section on swap fees and how to manage them:

---

### **But What About Swap Fees?**

Great question — and one that smart traders always ask.

Swap fees (or overnight fees) can quietly eat away at your account if you're not paying attention. So how do you manage them?

Here's the strategy:

#### **Wait for the reversal.**

Let the market move back in your favour. Use the profits from those new moves to begin closing out some of your older, losing trades.

## **DCA in the direction of the trend.**

If the price is running against you, dollar-cost average (DCA) in the direction it's going — but do so strategically. When the market swings back, **use those profits to reduce exposure on your worst trades.**

## **If you're hedged and margin is tight?**

Stay in your hedge, but start chipping away slowly — close an equal number of long and short positions to stay balanced. Bit by bit, reduce both sides while still protecting your capital.

💡 Think of it like clearing a clogged pipe. You don't break the whole thing open — you release the pressure gradually, one turn at a time.

Over time, and with discipline, you'll reduce the load, regain usable equity, and position yourself to trade with clarity — not desperation.

## **The Real Hedge Problem: Lost Opportunity**

So now you're hedged.

You're calm.

Your account is frozen in drawdown but not bleeding.

But you've got a new issue:

**You can't place more trades.**

Why? Because your floating drawdown is tying up your equity.

You're safe but stuck.

That's where the **Hedge Removal Robot** comes in.

This tool uses profits from **new winning trades** to **automatically start closing out your hedge and your original losing trade.**

Little by little, the pressure lifts.

Your account returns to normal.

Your equity is freed.

You're back in the game.

You've got two options:

- ◆ Follow the manual strategy outlined above...

**OR**

- ◆ Let our **Hedge Removal Tool** do the heavy lifting for you.

🤖 Think about it — **would you pay \$1 a day to protect your trading account from blowing?**

Is a good night's sleep, knowing your account is safe, worth a dollar?

We insure our cars, homes, boats — even our pets.

So why not the one thing designed to grow your wealth?

👉 [Click here to see how it works — and why it's a no-brainer.]

### **What It Feels Like to Be Hedged**

It's not just about numbers.

It's about **nervous systems**.

Ever felt your **heart in your throat?**

Stomach in knots?

Finger hovering over the Close button, terrified?

Hedging fixes that.

Once you've locked in your drawdown:

- ◆ You stop panicking.
- ◆ You stop revenge trading.
- ◆ You stop doubling down stupidly.
- ◆ You breathe. You plan. You wait.

**Peace returns to your trading world.**

That's what hedge gives you: a **feeling** of control.

And control is everything.

## **The Truth They Don't Teach You**

Retail traders are set up to fail.

You're told to trade with tight stop losses and tight risk.

But institutions don't do that.

Institutions hedge.

Institutions scale.

Institutions manipulate.

With this strategy and our support, you level the playing field.

### **You now have:**

- ◆ A hedge strategy to survive drawdowns.
- ◆ A robot to unwind them profitably.
- ◆ A tool to do it with surgical precision.

Welcome to trading like the institutions.

You can of course do this manually or automatically using our automated trading robot.

[Click here to find out about it.](#)

Let's keep going.

## Chapter 8

### **Wallet Management: The Discipline Behind the Freedom**

**Explain your money rules:**

**Lot sizing**

**Margin**

**Drawdown**

**Why greed kills**

**Real compounding examples**

Builds confidence by showing how not to blow accounts.

Trading is often sold as a ticket to freedom.

And it can be.

But behind that freedom lies something few talk about:

#### **Discipline.**

Specifically, the discipline to manage your wallet like a pro.

This chapter is about how to:

- ◆ Respect your lot sizes
- ◆ Read your emotional dashboard
- ◆ Grow your equity **and** your emotional resilience

Because your account may double in size in 6 months...

But if your mindset doesn't grow with it?

You're just a few clicks away from giving it all back.

## The 1% Rule... And Why We Don't Use It

Most gurus preach:

**"Only risk 1% per trade!"**

Sounds smart. Looks safe.

But it's **not always practical**

Depending on:

- ◆ Your **leverage**
- ◆ Your **margin requirements**
- ◆ Your **account type** (especially if you're using a cent account)

...1% can still be way too much.

Here's a better approach:

**Start every strategy test at 0.01 lots. Period.**

Why?

Because when you're starting out, the goal isn't profit.

It's **clarity**. It's **confidence**. It's **control**.

Think of it like dating your strategy before marrying it.

## Journal Like a Pilot

Pilots log every flight.

They note the weather, the fuel, the cargo, and the feeling in their gut.

As a trader, you should do the same.

Journal:

- ◆ Why you entered the trade
- ◆ What the chart showed you
- ◆ How you felt when you clicked "buy" or "sell"

If your heart landed in your mouth...

If your stomach jumped into your throat.. **You're overleveraged.**

Your body is the best risk indicator on earth.

Listen to it.

## Emotions Dont Grow at the Speed of Your Account



Trading is emotional.

We are not robots we re human beings.

And sometimes, your body knows what your brain is trying to ignore.

If your heart is pounding, if your stomach flips upside down...

That's your internal guidance system screaming: "**You're overleveraged.**"

- ◆ Listen to it.

- ◆ Respect it.

Because when you ignore those signs, you're not being brave. You're being reckless.

Even when you're desperate, desperate to pay the bills, desperate to feed your kids, desperate to win today... You must trade **conservatively**.

Warren Buffett famously said:

- ◆ Rule number 1 = Protect capital.

- ◆ Rule number 2 = Refer to rule number one.

If you blow your capital, you're out of the game.

No second chances. No retries.

So, protect your capital like your life depends on it.

Because in trading, it kind of does.

Your goal isn't to win the day.

It's to **survive the decade**.

Learn the strategy. Trust the process.

And never bet against your gut or the market.

Let's say you're compounding at just 0.5% per day.

Sounds tiny?

Let's do the math:

- ◆ 0.5% per day

- ◆ Compounded over 6 months (~126 trading days)

- ◆ That's over **90% account growth**.

Impressive, right?

But here's the catch:

Your **emotional maturity** doesn't compound that fast.

You might be used to trading 10 lots.

Now your capital says, "Hey, let's go for 20."

But your psychology screams, "We're not ready!"

Money doesn't make you smarter.

It just exposes whether you respect the rules.

So even if your account **can** handle bigger trades...

Wait until **you** can.

### **Stacking Trades: Controlled Aggression**

Once you're confident in the trend, and you've passed a fractal, you may add to your position.

**But only once or twice.**

This is not stacking to the moon.

This is not blind confidence.

This is:

- ◆ Stacking into a winning move
- ◆ With tight lot size control
- ◆ Based on chart logic and structure

Think of it as strategic reinforcement.

Like sending in backup only when the path is clear.

### **Experience is the Real Risk Calculator**

I don't use fixed 1% rules.

I gauge my lot sizes based on:

- ◆ The strength of the setup
- ◆ My drawdown tolerance
- ◆ The behaviour of the pair
- ◆ Institutional data (like COT)

This comes from experience.

It's not random. It's not reckless.

It's calibrated intuition built over time.

But until you have that experience?

Stay disciplined.

Stick to low risk.

Build your muscle.

Because wallet management isn't the sexy part of trading.

But it's the part that keeps you in the game long enough to **win**.

## **Why I Don't Teach Demo Trading**

Let's talk about something controversial:

### **Demo accounts.**

I don't believe in them.

Why?

Because they give you the illusion of control **without** the emotional reality of risk.

Here's what happens:

- ◆ You open a demo with \ \$10,000 or \ \$20,000
- ◆ You've never held that kind of capital in your life
- ◆ You start playing the market like it's Monopoly
- ◆ You overleverage, overtrade, and disconnect from real consequences

And worst of all?

You learn **nothing** about yourself.

Because **real trading is emotional**.

When your own money is on the line, even \$100 means something.

You feel every pip. You respect every move. You manage your wallet differently.

Most retail traders will start with \$100 - \$1,000. Not \$10K.

So demo trading sets unrealistic expectations, bad habits, and disorients your understanding of lot size, leverage, and drawdown. Basically you have poor wallet management. This leads you to being part of the 98% loses club.

There's also a technical problem:

### **Demo accounts have no latency and no real-time execution slippage.**

You're trading against an **e-book** environment not the real market. That means:

- ◆ No real counterparty.
- ◆ No spread widening.

- ◆ No price gaps.
- ◆ No execution lag.

This results in **exaggerated profits**, profits you'll likely never see live.

In a real market, your order is only filled when there's a counterparty.

That's called **market depth** or **order matching**, and it introduces latency, partial fills, or slippage real world stuff that **demo can never simulate**.

So, if you want to **really** learn this game:

Start live. Start small. But start real.

Let's talk about something controversial:

### **Summary: Wallet Wisdom in Action**

#### **Start here:**

- ◆ 0.01 lots until you know your strategy inside-out
- ◆ Journal every trade (facts + feelings)
- ◆ Let your body be your early warning system

#### **Remember:**

- ◆ Accounts grow faster than emotions
- ◆ Over-leverage feels like anxiety, not excitement
- ◆ Add trades only when structure + confidence align

#### **The rule:**

**Scale your risk with your growth not your greed.**

When wallet discipline becomes automatic,  
freedom becomes inevitable.

## **Chapter 9**

**Trading Psychology: The Most Dangerous Indicator is You - This is huge.**

**When NOT to trade.**

**Listening to that inner nudge.**

**Trade the plan, not the feeling.**

**Journaling emotions, not just results.**

Trade the Plan, Not the Panic

Why trading on emotion is like skydiving without a parachute.

Tactical breakdown of sticking to the rules: second candle logic, EMA entry, DCA caps.

## **When NOT to Trade**

- ◆ List of emotional red flags:
- ◆ Trading to make back a loss
- ◆ Trading when you're exhausted, angry, or desperate
- ◆ Trading after a fight, loss, or personal trigger
- ◆ Step back or step into disaster.

## **Listen to the Inner Nudge**

- ◆ That voice that whispers don't do it - it's usually right.
- ◆ Learn to tell the difference between intuition and fear.

## **Journal the Emotion, Not Just the Outcome**

- ◆ Write why you took a trade not just, what it was.
- ◆ Track your emotional state. Patterns will appear.
- ◆ Examples: I was calm and confident vs. I felt desperate and rushed

## **Emotional Triggers & Recency Bias**

- ◆ Just because the last trade was blue doesn't mean the next one will be.
- ◆ The gambler's fallacy explained and disarmed.

## **Repetition Rewires the Brain**

- ◆ Donald Miller: Repetition is the mother of clarity.
- ◆ Rituals, breathing patterns, and trigger breakers (like stepping away, box breathing, etc.)

## **Chris Voss Technique: The Tactical Empathy Self-Check**

- ◆ Before placing a trade, ask:
- ◆ What emotion is driving me?
- ◆ Am I trading my strategy or escaping a feeling?
- ◆ Traders aren't robots. But the best ones act like trained pilots in storms.



## Chapter 10

### From Signals to Self-Sufficiency

**Why you don't need signals when you understand structure.**

**Pushes the reader toward independence, not dependency your core ethos.**

Let's have an honest moment.

If you're still relying on signal groups, telegram pings, or anonymous "gurus" to tell you when to press BUY or SELL

You're not really trading. You're outsourcing your decisions and your destiny.

Trust me you going to lose money!

#### **Signal Groups Are a Scam With Good Branding**

Most signal groups operate like a dodgy bait shop:

- ◆ They flash a shiny lure (signals that look professional)
- ◆ They make you feel safe ( We have a team of pro traders! )
- ◆ Then they reel you in for monthly fees, upsells, and affiliate links

But here's what they don't tell you:

The person sending you the signals isn't even trading the same setup.

They post winning trades that never matched the original signal.

They shift the stop-loss **after** you lose.

They say - patience, trust the process - while quietly collecting affiliate commissions off your blown account.

You're not learning.

You're being milked.

#### **Learn to Read Charts Like a Pro**

The goal isn't to copy someone else.

It's to **see what they see** and then make your own call.

That means learning:

- ◆ Candlestick patterns.



- ◆ Chart structure.
- ◆ The logic behind why a trade works.

Once you've got that?

You stop needing someone to hand you fish.

Because now you've learned to fish for yourself.

### **From Ignorance on Fire to Mastery on Purpose**

Everyone starts as **ignorance on fire**.

You're excited, hyped, passionate but blind.

You don't know what you don't know.

Then comes the awakening:

"I thought I knew, but I actually don't."

That's **conscious incompetence**.

Painful, humbling, necessary.

Stick with it long enough and you move into **conscious competence**:

You know what you're doing but you've got to think about every step.

It's slow, but powerful.

Eventually, you reach **unconscious competence**:

Like tying your shoelaces or driving a car you trade intuitively, but with precision.

That's the goal.

Not dependence. Not signals.

**Skill. Confidence. Independence.**

### **Apply the Knowledge**

Knowledge is powerful.

But **applied knowledge** - That's kingdom-building stuff.

It's not enough to watch a few YouTube videos or read this guide.

You need to:

- ◆ Open the charts.
- ◆ Place small live trades.
- ◆ Journal the wins AND the screwups.

◆ Learn from both.

That's how self-sufficient traders are born.

Not in a signal groups but in the trenches.

This is your breakout.

Forget the pings.

Forget the false hope.

Learn to see for yourself.

Trade for yourself.

Trust yourself.

**You don t need another signal. You need a system and the guts to stick with it.**



### The Power of Community & Coaching

**Explain why your mentorship, Discord, and training system exists.**

**Highlight testimonials.**

**Meet Gui (Our In-House Institutional trader)**

Why going it alone is the fastest way to lose

Let's face it.

Trading is one of the loneliest paths you can walk.

You're staring at candles flicker across a screen.

Your heart is racing.

You're second-guessing yourself.

And there's no one next to you saying,

Breathe. You've got this. That's a valid setup.

That's the problem with most traders they try to go it alone.

And alone - you spiral.

### The Solution: A Community That Speaks Your Language

You don't need just any community.

You need a strategy-aligned, emotionally intelligent, supportive one where everyone is on the same page, trading the same system, and speaking the same language.

That's what our Discord is.

- ◆ No scattered advice.
- ◆ No conflicting strategies.
- ◆ No bro, just risk 50 lots - cowboys.

Instead, it's:

- ◆ Traders following the 8 EMA strategy
- ◆ Real people asking real questions
- ◆ Charts marked up with purpose
- ◆ Traders supporting traders

As one client put it:

It's the only place I've felt like I wasn't the only weirdo obsessed with candlesticks.

Education + Execution = Everything

The Discord channel isn't just a hangout.

It's your live coaching space.

Inside, you'll find:

- ◆ Chart breakdowns.
- ◆ Live Q&As.
- ◆ Trade setups with context.
- ◆ Help with wallet management.
- ◆ Candle pattern recognition coaching.
- ◆ Walkthroughs of real trades from other traders who were where you are

now.

This isn't theory. This is war-room trading.

Most communities give you signals.

We train your eyes to see for yourself.

### **Meet Gui: The Bank-Trained Beast Behind the Blocks**

Let me introduce you to Gui.

He's not just a coach.

He's a former institutional trader for First National Bank, where he ran desks and called shots that moved serious money. He traded a book of \$50 million.

He holds a Finance degree and now runs his own foreign exchange company helping importers and exporters hedge currencies and move capital with military precision.

His clients?

Hundreds of corporate accounts including blue-chip companies and mid-sized businesses that trade large volumes of currency daily.

He's not some guy who read a book on the beach.

He wrote the book figuratively and literally.

And that book?

It's worth over R1,000,000,000.

(That's \$55 million USD, give or take.)

Because when you add up the amount of money his systems protect and optimize every year, his knowledge is literally worth billions.

But here's the twist:

He uses my 8 EMA strategy to time his entries and exits.

**Me.**

The high school dropout.

The guy who failed maths, fought addiction, lost it all, built it back, and never set foot in a finance lecture hall.

He respects the edge I bring:

- ◆ How I read candlesticks.
- ◆ The second-candle confirmation logic.
- ◆ Doji exits and wallet management.
- ◆ The simplicity of the 8 EMA system.

Gui adds his order block, macroeconomic, and institutional insights,

I bring the chart psychology, timing, and system simplicity.

Together, we help traders from the streets to the boardrooms gain the unfair advantage.

And that's what you're getting inside the mentorship, Discord, and advanced course.

- ◆ Link inside. Enroll. Learn the invisible game.
- ◆ Manual + Automated = Double-Barrelled Income

One hand on the wheel. One foot on autopilot.

That's how we trade:

- ◆ Manual entries using the 8 EMA strategy.
- ◆ Passive trades using the EA robot we've built for clients like you

The robot doesn't replace your thinking.

It supports it.

You earn while you learn.

You see real setups in motion.

You free up emotional space for clarity and growth.

This is how you stack trades without stacking stress.

### **The Real Power? Emotional Safety**

Being in a coaching community isn't just about learning.

It's about:

- ◆ Feeling seen when you're doubting yourself.
- ◆ Getting your questions answered without shame.
- ◆ Seeing that others are winning with the same tools you're using.
- ◆ Knowing that you're not broken you just need alignment

If you've felt like trading was a lonely grind

You're not wrong.

But it doesn't have to stay that way.

When you're ready to stop guessing and start mastering

Come hang out with us.

Inside the Discord.

Inside the mentorship.

Inside a community that actually gives a damn.

### **Next Steps**

Join the Discord

Check out the mentorship program

Enrol in the course with Gui and me

Get support. Ask questions. Rewire your brain.

We're not here to hold your hand forever.

We're here to train you to walk tall.

Ready?

Let's build you into a trader who never has to ask for signals again.

## Chapter 12

**Back-test All You Want. But Trade the Real World.**

**You don't learn to ride a bike by reading the manual.**

**You get on. You fall. You get up. Then one day you fly.**

**It's the same with trading.**

### The Myth of the Perfect Back-test

There's this belief floating around in the trading world that if your strategy back-tests well, it's good enough for live trading.

Sounds nice. But here's what they don't tell you:

- ◆ Back-tests are based on fixed spreads. Real markets? Spreads change especially around news, during low volume, or on gold.

- ◆ Back-tests don't simulate latency, slippage, or broker quirks.

- ◆ And most importantly? They don't prepare your heart for a real loss.

On demo, losing \$500 doesn't feel like anything.

On live? Your palms sweat. Your stomach knots. That's real growth.

### Why Back-tests Often Lie

Let's break it down.

When you back-test on most platforms like MT4 you're told to use current spread or select a fixed spread.

But in real life, the spread on XAU/USD (Gold) can swing like a drunk cowboy at a rodeo.

Backtesting also assumes:

- ◆ Trades get executed instantly (no slippage).
- ◆ Your hedge strategy is allowed.
- ◆ You won't make manual errors.
- ◆ You never get emotional.

Basically, it assumes you're a robot with a perfect internet connection in a utopian Forex world.

Real Trading Is Messy (and That's OK).

### **Here's what back-tests don't teach you:**

- ◆ How it feels to watch a trade go deep red before bouncing back.
- ◆ How to trust the strategy when it's not working for a few days.
- ◆ How to manage a hedge or exit it like a sniper.
- ◆ How to handle swap fees slowly eating your account.

And let's be honest: most back-test software can't even simulate hedging.

That's a deal breaker if you're running my strategy.

### **So, Should You Back-test?**

Absolutely.

But don't worship it.

Use it to:

- ◆ Check general behaviour over months
- ◆ Validate that your entries/exits are aligned
- ◆ Understand your average drawdowns
- ◆ Build confidence in the rules



**But don't:**

Make huge decisions based solely on a great back-test

Ignore your live trading data

Think you're invincible because the curve looked smooth on paper

Learn by Doing

**Remember this:**

Back-tests build theory. Live trades build mastery.

What matters more than your backtest report?

- ◆ Journaling each trade.
- ◆ Knowing how you felt when you entered.
- ◆ Spotting your own emotional patterns.
- ◆ Listening to that voice in your gut.

Because the market doesn't reward perfection.

It rewards discipline, resilience, and wisdom.

**TL;DR**

Back-testing is useful but flawed.

It doesn't simulate spread, slippage, or human emotion.

You'll never understand the market through theory alone.

Real trading teaches you more in one month than back-testing does in one year.

So yes, run your tests.

But trade your edge.

And remember: you're not building a spreadsheet you're building a skill.

## Chapter 13

**Start Here, Start Now**

**Final CTA:**

**Set up chart**

**Join course**

**Book a call**

**Get on the VPS**

**Connect to the community**

**Remove excuses. Provide clarity. Invite action.**

No more maybes. No more somedays.

You didn't read this far by accident.

You're not here because you love theory or fluff.

You're here because something in you is DONE:

- ◆ Done with signal groups that offer more confusion than consistency?
- ◆ Done with account blowouts and emotional burnout?
- ◆ Done with wishing, hoping, and trying to get lucky in the market?

So now it's time to do the one thing most traders never do:

Start properly. Start smart. Start with a system.

### **Step 1:**

Set Up Your Chart Like A Pro.

No more jungle gym indicators.

No more neon spaghetti.

**Here s what your chart should look like:**

- ◆ MetaTrader 4.
- ◆ 4-hour time frame.
- ◆ 8 EMA line (Red & White).
- ◆ 34 MA (Yellow).
- ◆ 50 MA (Purple & White).
- ◆ 100 MA (Light Blue).

- ◆ 200 MA (Red... No Trade Zone NTZ).
- ◆ Candlesticks only.
- ◆ no MACD, no nonsense.

Want help? It's inside the Discord. Templates. Tutorials. Hand-holding. No shame.

## **Step 2:**

Join the 8 EMA Course

This PDF scratched the surface.

The real gold is inside the full 8 EMA video course, the candlestick reversal guide, and the chart template. You'll get:

- ◆ Deep candlestick mastery.
- ◆ Real chart breakdowns.
- ◆ Entry/exit confidence.
- ◆ DCA + Hedge techniques.
- ◆ Gui s order block and institutional layer.

This is your fast lane.

No fluff. Just flow.

Join the Course

## **Step 3:**

Book a 1:1 Strategy Call

Need to ask questions? Want help setting up?

You can book a call with me or my team.

Whether you're a total beginner or trying to scale up

We'll cut through the fog and map your next best move.

We do these because we care.

We want you to win.

Book Your Call

## **Step 4:**

## Get On the VPS

If you're using the EA (Forex robot), you need a VPS.

No exceptions. Why?

Because this isn't just about catching entries.

It's about running a machine that prints you, passive income even while you sleep.

- ◆ 24/5/7 uptime.
- ◆ No missed trades.
- ◆ No double entries.

Protected from load shedding, family Wi-Fi tantrums, or oops, my laptop died  
Set it up once. Then forget it.

## Step 5:

Connect with the Community

Trading is lonely.

Left in the dark, most traders spiral into self-doubt.

They exit too early.

Over-leverage in silence.

Lose, blame themselves, and quit.

But not here.

Our Discord is a sanctuary.

A war room.

A living, breathing coaching space where everyone is trading the same system,  
with the same mindset, and the same goal: freedom.

- ◆ Support.
- ◆ Live breakdowns.
- ◆ Trade reviews.
- ◆ Wins shared. Losses analyzed.
- ◆ Encouragement given daily.

We are a tribe of system traders.

And you're one click away from being part of it.

Join the Discord Community

Excuses Are Expensive

You're not too late.

You're not too old.

You're not too dumb.

You're not bad with numbers.

You're just one right decision away from changing everything.

And if a high school dropout with ADHD who flunked math and sold beads to survive can figure this out

You can too.

### **Recap: Your Next Steps**

1. Set up MetaTrader 4 with a clean chart
2. Join the 8 EMA Course
3. Book your 1:1 call
4. Set up your VPS
5. Join our Discord family

Because freedom doesn't show up.

You build it.

So let's build yours.

## Chapter 13

### The Secret Sauce of Time Freedom. Passive Income from Your Robot.

Let's get one thing straight:

Trading is a skill. Passive income is freedom.

There's two types of income in this world.

- ◆ Linear active income.

- ◆ Passive income.

Linear active income means you get paid for your time. You work, you get paid. If you don't work you don't earn.

Passive income works differently. Passive income comes in even when you don't work. You do the work once and get paid in perpetuity. Like owning a house and renting that house to tenants.

There is a caveat.

Passive income is not set and forget. Don't be fooled. There is no magic bullet here.

Let me put this into perspective for you.

**Example:** You buy an investment property to earn rental income. If you don't look after the tenants, your tenants will leave. If you don't look after your property your tenants will leave. If you give your house over to a managing agent to manage... If you don't look after the agent you'll lose both the tenant and the house. Just like if you give your money over to an investment house or a financial advisor to manage your money for you. If you don't manage the financial advisor you'll make negative gains.

So don't let anyone bullshit you. 100% Passive income is a myth. It's fugazi. It's clickbait.

Let's get back to trading.

There's something intoxicating about sitting in front of your chart (linear active

income), watching the candles dance, waiting for that second candle to confirm direction. It's you versus the market. It's the gladiator arena of the modern age.

But let me ask you this:

Do you want to be hostage to the screen & charts for the rest of your life?

Be very careful here, you may buy yourself another job. That's not what I teach. I teach independence, then I teach automation.

Because here's the dark side of active trading no one talks about it enough.

### **The Chart Addiction Loop...**

You start the day strong: coffee brewed, charts open, strategy locked in.

Then nothing.

You wait. You pace. You scroll. Maybe you even force a trade because the boredom gets to you.

You were productive. Now you're just anxious in a fancy chair.

And the moment you're fatigued, when your brain gets foggy from too many hours of flickering candles, that's when the bad decisions creep in.

You revenge trade. You second guess. You forget the rules you swore by this morning.

Even the best strategy can't save you from exhaustion and emotion.

### **Enter Passive Income**

Now imagine this:

You're walking on the beach. The sun's setting. Waves are kissing the shore.

Your phone pings.

Your robot just closed a trade in profit.

You didn't analyze anything. You didn't stare at a screen. You weren't even online.

You were living.

Passive income is not about being lazy. It's about being free.

### **Free to:**

- ◆ Take your kids to the park.
- ◆ Travel to Dubai.

- ◆ Sleep in without guilt.
- ◆ Breathe.

## The 24/5/7 Money Machine

### Here's the magic of the robot:

- ◆ It doesn't need coffee.
- ◆ It doesn't get emotional.
- ◆ It doesn't revenge trade.
- ◆ It runs 24 hours a day, 5/7 days a week, even while you're sleeping.

### All it needs is:

- ◆ A VPS (so it never shuts down).
- ◆ A solid Cent account setup.
- ◆ Our strategy coded in.
- ◆ Your trust to let it work.

Now here's the kicker: it's not just running wild. It trades our rules. It listens to the same 8 EMA confirmations you do.

It's like cloning your best self, the version of you that always follows the rules and never gets tired.

Don't Replace Yourself Multiply Yourself

Too many traders think passive income means abandoning their skill.

Nope.

You still need to learn. You still need to understand what the robot is doing. You still need to lead.

But now you're the general, not the soldier.

You set the parameters. The robot executes.

You're not giving up trading. You're scaling it.

### The Real Luxury: Time

Let me be clear: the real ROI isn't just money.

**It's time.**



- ◆ Time to think clearly.
- ◆ Time to be with your family.
- ◆ Time to recover when life throws a curveball.
- ◆ Time to live, not just trade.

### **Imagine This...**

You're boarding a plane to Bali. You pull out your phone.

The VPS is running. Your EA is working. You've just had your best week without touching a chart.

And when you land?

You have more money in your account than when you took off.

That's not fantasy.

That's robot-assisted Forex, paired with wallet management, rules, and strategy.

Start Smart. Scale Safe.

Don't go crazy. Don't expect miracles.

Start with \$100 \$1,000. Use the Cent account. Let the robot prove itself.

Once it earns your trust, it earns your freedom.

### **The Hybrid Model**

Let me leave you with this truth:

The future of trading is hybrid.

Manual + Automated.

Strategy + Robot.

Wisdom + Speed.

You don't have to choose between being a chart warrior and a freedom-loving family man.

You can be both.

Just start here. Start now.

## **What Should I Trade? (And Why I Stick to Just One)**

Let's kill the overwhelm right here and now.

You don't need to trade 15 different pairs.

You don't need a watchlist that looks like a fruit salad.

You don't need to know what's happening in the entire world economy to be profitable.

In fact, you'll make more money focusing on less.

The biggest mistake new traders make? Thinking that more trades = more profit.

The truth? More trades = more noise. More emotion. More confusion.

Let me tell you why I only trade one instrument and why I believe you should too (especially in the beginning).

**The Power of Focus: One Pair to Rule Them All**

If you're just starting out, your biggest asset isn't knowledge. It's attention.

And here's the deal: attention is a limited currency.

Trying to trade EUR/JPY, GBP/USD, USD/CHF, NASDAQ, and the Dow?

You've just fragmented your focus. Your brain is now juggling different currencies, different economies, different central banks, and different price behaviors.

You're playing chess with five grandmasters at once. Good luck with that.

Now imagine this:

You trade only XAU/USD (Gold).

You study it. You live it. You breathe its rhythm.

You start recognizing its moods when it moves, how it moves, what patterns precede explosions, and what candles whisper reversals.

Gold becomes your domain. You become the sniper, not the spray-and-pray machine gunner.

### **Why I Trade Gold (XAU/USD) And You Might Want to Too**

I'm not saying you must trade Gold.

I'm saying pick one pair and marry it for now.

But if you want to know why I chose Gold, here it is:

## 1. One Economy to Track

Gold trades against the USD. That means I only need to monitor:

- ◆ U.S. Non-Farm Payroll (NFP)
- ◆ U.S. CPI and inflation numbers
- ◆ U.S. interest rate announcements
- ◆ And of course how the institutions are positioning.
- ◆ U.S. Job Loss Claims.

That's one news stream, one currency, and one basket of manipulation to master.

## 2. Institutional Movement Is Clearer

Institutions move Gold like marionette puppeteers.

They use news as a smokescreen to grab liquidity at order blocks this is not a conspiracy, it's simply how the game is played.

When you learn to read Gold like a storybook and pair that with COT data you start to see through the fog.

## 3. Price Action on Gold Is Beautiful

Gold respects technicals. It forms predictable supply and demand zones.

It's volatile, sure but that volatility is where the money lives.

I know traders who got rich off Gold alone and others who got rekt trading eight pairs because they never specialized.

## The Headache of Trading Other Pairs

Let's say you try EUR/JPY.

Sounds simple? It's not.

To trade EUR/JPY, you now need to understand:

Europe:

- ◆ ECB monetary policy.
- ◆ CPI, GDP, NFP-style releases.
- ◆ Energy dependency on Russia.

- ◆ The health of Germany (especially the Stuttgart banking system)..

Japan:

- ◆ BOJ interest rates
- ◆ CPI..
- ◆ Central bank interventions

China (indirectly):

- ◆ Because Japan's economy is tethered to Chinese exports/imports

That's three major zones. Three political landscapes.

And all of them manipulated differently.

Why? Why do that to yourself?

Just Pick One. Master It.

### **Here s the deal:**

- ◆ It doesn't matter what you trade.
- ◆ What matters is that you start, and that you focus.

Would you rather be the master of one or the jester of many?

I picked Gold. You might pick EUR/USD. Or NASDAQ. Or USD/CHF.

But once you've picked stick. I think my reasoning above will change your direction to trade gold. It just makes sense & \$\$\$.

You're building a relationship with that chart. You're learning its habits. Its lies.

It's tells.

That relationship is your trading edge.

That intimacy makes your reaction time faster, your analysis cleaner, your profits smoother.

### **But Isn't Diversification Safer?**

Not in the beginning.

Diversification is a tool for wealth preservation.

Focus is a tool for wealth creation.

Until you've built consistency, simplicity beats complexity.

Once you're consistent? Then sure, explore.

But you'll find that even pro traders usually make most of their income from 1 or 2 instruments and everything else is noise.

### **Final Thought**

You don't need to be a global economist.

You don't need to understand the energy grid in Berlin or the yield curve in Tokyo.

You just need to find your one instrument and go deep.

Learn it. Love it. Master it.

- ◆ You don't need to trade everything.
- ◆ You just need to start. On one pair.
- ◆ Focus = consistency. Consistency = cash.
- ◆ Knowledge isn't king. Applied knowledge is king.
- ◆ Gold (XAU/USD) is my weapon of choice and it could be yours too.

Just by the way Gold has a liquidity pool of billions of dollars per day. There is enough liquidity & volatility in that pair per day for you to become a billionaire never mind just a millionaire!

My dad had a fantastic saying "Sit your bum in 1 chair and focus. Build systems then you can find another chair to sit in while the first chair makes you money." How you do that is focus + applied knowledge + tools + systems + mentors = Strategy. Then put systems in place to build it into Passive Income. Then expansion.

Now go. Pick your pair. Build your edge.



## **Mastery is a Process.**

### **How to Fail Forward and Keep Winning.**

**Success is not final & failure is not fatal: it is the courage to continue that counts. Winston Churchill**

### **The Emotional Rollercoaster of Trading.**

Let's be honest trading is not a straight line.

It's messy. Emotional. At times exhilarating. At times soul-crushing.

Some days, you feel like a genius. Other days, you're staring at red numbers wondering if your cat could've done a better job.

#### **But here's the truth:**

Mastery is not a destination. It's a process. And failure is part of it.

Every trader yes, even the greats have blown accounts.

What separates them from the broke traders still hopping between signal groups?

They learned from it. They failed forward.

#### **Why Failing Is Part of the Strategy.**

When you start trading, you begin as what I call **ignorance on fire**.

You're excited. You're hungry. You think you're going to master the charts in a week.

But then... boom.

You take a hit.

You realize this isn't just about candlesticks or EMAs.

That's the first level: **Unconscious Incompetence** - you don't know what you don't know.

Then comes the sting: **Conscious Incompetence** - you suddenly know how much you don't know.

It sucks.

But it's beautiful because it means you're growing.

Pain is the price of progress. - Tony Robbins

From there, with time, journaling, learning, applying you become **Consciously Competent** - You can trade, but you must think hard about every move. Eventually with discipline you become **Unconsciously Competent**. You don't think. You just act. You trust your gut. You follow your rules. Your body knows what your brain used to force.

## **Experience Trumps Education**

I'll say it:

I'm a high school dropout. I failed maths. I don't have a degree. But I learned to trade.

And if I can do it... So can you.

Don't wait to be perfect. Don't wait to have all the knowledge.

- ◆ Start.
- ◆ Fail.
- ◆ Learn.
- ◆ Refine.
- ◆ Repeat.

You will lose trades. You will over-leverage. You will ignore your gut.

And that's okay. Because it's all part of the path to mastery.

## **The Masters' Mindset.**

Here's what separates the masters from the amateurs:

### **Masters' journal.**

They don't just log their results. They log their emotions, their state of mind, their gut instincts.

### **Masters review.**

They study their losses more than their wins.

### **Masters simplify..**



They don't clutter their charts. They focus on rules that work, tools that serve them.

### **Masters know they're students for life**

They don't pretend to know it all. They stay humble, curious, open.

### **Masters surround themselves with better traders.**

That's why my Discord exists.

That's why Gui is in my circle.

That's why we teach.

### **Trading is Like Going to the Gym.**

Would you expect to look like Arnold Schwarzenegger after one workout?

No.

You'd expect to show up consistently. To get sore. To push through.

To rest when you need it.

To keep growing.

### **Trading is the same.**

Every trade you take is a rep. Every mistake you make is a set. Every win is a personal best.

Don't beat yourself up.

Just show up.

Do your reps.

Track your growth.

### **The Power of Failing Forward.**

Failing forward means failing intentionally.

#### **It means:**

- ◆ You took a trade based on a rule even if it didn't win.
- ◆ You logged your logic, reviewed your exit.
- ◆ You stuck to wallet management, even when tempted to go full

cowboy.

◆ You grew even if your account didn't.

This is the mindset that creates consistent, confident, cashflow-generating traders.

### **Your Invitation to Mastery**

You're not just learning a strategy.

You're rewiring how you see money.

You're unlearning the worker mindset.

You're breaking the cycle of financial dependence.

So next time you fail, smile.

You're one trade closer to becoming a master.

### **Prologue**

#### **The Edge You Were Never Given**

They don't tell you this when you first open a trading account:

That this game is emotional.

That it's rigged.

That the worst part isn't losing money it's losing belief in yourself.

They don't tell you how it feels to sit at a food court in Sandton with your twins, barely affording a single shawarma to share. How you pretend everything is okay while tears drip into your Coke. How the lights go off in the cinema and it's not just Eskom this time, it's your soul, short-circuited by shame.

They don't tell you how many courses you'll buy.

How many YouTube gurus you'll try to follow.

How often you'll blow your account, swear you're done, then reload the next day, because this time feels different.

This book is for those of us who were sold the dream but handed the scraps.

I'm not a Wall Street graduate.

I failed math. I never finished school.

I'm not supposed to be here.

But I am.

Because I found something that worked.

Not because I'm brilliant. But because I was broken enough to question everything and build something different.

Something real.

This book is not just a guide to a strategy. It's a flashlight for those wandering through the fog of trading confusion. It's the mentor I wish I had when I started. It's part system, part soul.

**Inside, you'll learn:**

- ◆ How to spot real opportunities without needing twenty indicators.
- ◆ Why trading psychology matters more than prediction.
- ◆ Why you don't need to master twenty instruments just one.
- ◆ And how you can finally stop guessing, and start knowing.

You'll also meet Gui, an institutional trader who despite having a degree in finance and a billion-rand Rolodex chose to trade alongside a high school dropout because my system just works.

More importantly, it gives you peace. Confidence. Clarity.

It doesn't promise riches overnight. But it will help you stop being the sucker at the table.

And for many of us ... That's where the real wealth begins.

Welcome to your comeback.

Now let's get to work.

Alan

